



CAPT NATIONAL PROFESSIONAL DEVELOPMENT CONFERENCE

HALIFAX MARRIOTT HARBOURFRONT
1919 UPPER WATER STREET, HALIFAX
JUNE 23RD TO 25TH, 2023



CAPT NATIONAL CONFERENCE

FRIDAY JUNE 23rd

- 2:00 pm Provincial Representatives Meeting
- 3:30 pm CAPT Annual General Meeting
- 7:00 pm Exhibitors Welcome Reception & CAPT 40th

SATURDAY JUNE 24th

- 8:00 am Exhibitors Continental Breakfast
- 8:30 am Welcome Remarks
- 8:45 am **Incorporating Veterinary Compounding in Pharmacy Practice** Sponsored by PCCA
- 9:45 am **No Limits: The Unique Role of The Drug Access Navigator**
- 10:30 am Exhibitors Refreshment Break
- 11:00 am **Discovering BPMH, The Mystery Unraveled!**
- 12:00 pm Exhibitors Buffet Lunch
- 1:15 pm **High Quality Continuing Education: What? Why? Where? & How can I get involved?**
- 2:15 pm **Helping Pharmacy Technicians Optimize Sensor Based Glucose Monitoring**
Sponsored by Abbott
- 3:15 pm Refreshment Break
- 3:30 pm **Leadership Roles for Pharmacy Technicians: Keep Calm and Lead On!**
- 4:30 pm Closing Remarks for the Day
- 5:30 pm Alexander Keith Brewery Reception *Sponsored by Accord Health*

PROGRAM AT A GLANCE

SUNDAY JUNE 25th

- 7:30 am Breakfast Buffet
- 8:00 am **RIGHT PERSON; RIGHT ROLE; RIGHT PLACE: The three R's of Pharmacy Leadership**
- 9:00 am **Practicing with pride! Actionable strategies for pharmacy team members to improve SGM /2SLGBTQI+ health**
- 10:00 am Refreshment Break
- 10:15 am **Career Spotlight**
- 11:15 am **Expanded Scope for Pharmacy Technicians: A key enabler to expanding the role of pharmacy as a community health hub**
- 12:15 pm Closing Remarks



ACCREDITATION PENDING

CAPT NATIONAL PROFESSIONAL DEVELOPMENT
CONFERENCE JUNE 23RD TO 25TH, 2023 HALIFAX, NS

REGISTRATION

All registrations are to be completed online at www.capt.ca/event/pdc

Until May 14th, 2023

CAPT Member Early Full Registration	\$400.00
Non-Member Early Full Registration	\$425.00
Student Full Registration	\$325.00

After May 14th, 2023

CAPT Member Full Registration	\$450.00
Non-Member Full Registration	\$475.00
Student Full Registration	\$325.00

Additional Guest Tickets

Welcome Reception Only	\$50.00
Social Evening Event Only	\$50.00

Registration Cancellation & Refund Policy

1. A \$25 service charge applies to all registration cancellations submitted via email and received before Saturday, June 10th, 2023. A registrant must provide the registration confirmation number when submitting a cancellation request.
2. Cancellation requests will NOT be taken over the telephone, fax or by mail.
3. Refunds will not be issued on cancellations received after June 10th, 2023.
4. Conference no-shows are ineligible for a refund.

Sponsors

Our conference would not be possible without the generous support of our sponsors. Their support allows us to provide excellent speakers and topics as well as offset our conference expenses.

Thanks to their sponsorship we are able to keep our registration fees affordable for our delegates.



CAPT ANNUAL GENERAL MEETING

(MEMBERS ONLY)

FRIDAY, JUNE 23RD
3:30 PM – 4:15 PM
HALIFAX ROOM C

Please join us for the CAPT Annual General Meeting where members will be updated on CAPT's activities since 2020.

All CAPT Members are welcome



EXHIBITOR WELCOME RECEPTION & CAPT 40TH ANNIVERSARY!

FRIDAY, JUNE 23RD

7:00 PM – 9:00 PM

NOVA SCOTIA ROOM A/B

Our first event of the weekend is the Exhibitor's Welcome Reception* from 7:00 pm to 9:00 pm.

Drop in to collect your conference registration and stay for a complimentary beverage and snacks.

Mingle with all our amazing exhibitors who are here to meet with you and discuss your profession!

We will also be celebrating our 40th anniversary this weekend so watch for some extra goodies!

**One ticket is included in Full Conference Registration*





OUR PROGRAM



INCORPORATING VETERINARY COMPOUNDING IN PHARMACY PRACTICE

SESSION DESCRIPTION

The basics of veterinary compounding that can be incorporated into general pharmacy practice.

Compounding is any manipulation of a drug beyond that stipulated on the drug label. In veterinary medicine, compounding can be essential to meet patients' therapeutic needs, especially considering the wide range of species and breeds that veterinarians treat.

LEARNING OBJECTIVES

- Identify different types of veterinary compounds
- Provide various types of dosage forms for veterinary compounds
- Recognize toxicities to be aware of when compounding for animals
- Veterinary counselling

SABRINA MCLEAN

Sabrina has been working in community pharmacy since the age of 16. After graduating from Dalhousie College of Pharmacy in 2004, she practiced for a couple of years on Vancouver Island.

Returning home in 2006, she moved from corporate into independent pharmacy, where she found more flexibility and autonomy to greater meet the needs of patients.

In 2013 she found her niche in non-sterile compounding, which is an environment of constant learning and adapting to a variety of patient needs. She finds it incredibly rewarding to be helping patients who feel like they have run out of options by providing a customized solution to their situation. Sabrina currently works at East Coast Apothecary, where she is the pharmacy manager and the supervisor of the non-sterile compounding lab. East Coast Apothecary specializes in custom therapies for pain, hormone replacement, low-dose naltrexone, pediatrics, veterinary preparations and more.



NO LIMITS: THE UNIQUE ROLE OF THE DRUG ACCESS NAVIGATOR

SESSION DESCRIPTION

The goal of this session is to inspire other Pharmacy Technicians and Assistants to take on new, unique roles and push for what they want.

Delegates will also learn specifically about the Drug Navigator role and all that it brings.

LEARNING OBJECTIVES

- What is a Drug Access Navigator
- Who are Drug Access Navigators
- How Drug Access Navigators help patients and other healthcare professionals
- How to access a Drug Access Navigator
- Growth & Data
- What is Atlantic Canada Oncology Drug Access Navigator Association
- Technician Initiative Award

KAYLA ROSS

Kayla Ross is an experienced Oncology Drug Access Navigator in Halifax, Nova Scotia. She is a Registered Pharmacy Technician who started her pharmacy career in a retail pharmacy setting and soon after began working as a sterile technician mixing IVs, including chemotherapy, where her true passion for oncology was discovered.

Awarded Technician Initiative Award in 2023 and The Commitment to Care Service Award in 2016 from the Canadian Healthcare Network, Kayla has been published in both the Canadian Healthcare Network Magazine as well on the Pharmacy Association of Nova Scotia website to recognize her role as a Navigator and Sterile Pharmacy Technician.

Being a cancer survivor herself, Kayla values her career as a Drug Access Navigator and makes it her mission to eliminate as much additional financial and navigation stress, as possible, for patients so they can focus on their health and treatment. Kayla advocates for patients and will not give up until she has obtained the coverage and access they need. "You can never beat a person who doesn't give up!"

DISCOVERING BPMH, THE MYSTERY UNRAVELED!

SESSION DESCRIPTION

This presentation will examine how to complete BPMH in the Emergency department.

Share experiences of medication history's that have led to patient diagnosis. As well as how to obtain and investigate BPMH with patients unable to communicate.

Cases will focus on out of provinces patients, language barriers, overdose and more.

LEARNING OBJECTIVES

At the conclusion of this presentation:

- Participants will be able to define a best possible medication history (BPMH).
- Participants will learn how to distinguish reliable sources of information aside from a patient
- Participants will recall the importance of collaboration and communication with health care teams
- Participants will recognize how BPMH has impacted patient outcomes, including mortality

AMANDA GAGNE

Amanda Gagne is a licenced pharmacy technician and has been working at the Vancouver Island Health Authority for 10 years in both operational and clinical roles.

Amanda completed the pharmacy technician program at Norquest Community College in Edmonton, AB in 2005. This led to 18 years of experience in Pharmacy across many different facets of the profession. Responding to the pandemic, she became the Covid Vaccine Distributor and the first licenced pharmacy technician in Island Health to administer the vaccine.

For the past 5 years, Amanda has been a vital team member of the Nanaimo Regional General Hospital's Emergency Department.

In her free time, you can find Amanda cooking, baking or travelling the world to learn about food, drink, and culture. Her volunteer work includes providing a foster home for the CatNap Society by graduating cats to their forever home.

HIGH QUALITY CONTINUING EDUCATION: WHAT? WHY? WHERE? AND HOW CAN I GET INVOLVED?

SESSION DESCRIPTION

Lifelong learning benefits everyone, but its especially important for health professionals.

This presentation will provide insight on the benefits of continuing education, why the quality of that education is important and how to look for high quality learning.

It will also provide information about the Canadian Council for Continuing Education in Pharmacy, information on where to find resources to assist you in your learning journey, and how you can get involved in the continuing education process.

LEARNING OBJECTIVES

1. Describe the importance of continuing education.
2. State criteria to assess the quality of learning activities before and after pursuing them.
3. State what accreditation of learning activities means, its value/purpose, and identify when learning activities have been accredited by CCCEP.
4. State how to find accredited learning activities.
5. List available resources to get the most out of continuing education.
6. List the ways you can get involved in accredited learning.



COLLEEN JANES

Colleen G. Janes is the Executive Director of the Canadian Council on Continuing Education in Pharmacy (CCCEP), a position she has held since January of 2019. Prior to this role she spent over 20 years working in the provincial public service of Newfoundland and Labrador (NL), with the highest rank held of Deputy Minister. She spent over 14 of those years with the Department of Health and Community Services, including the roles of Assistant Deputy Minister of the Professional Services Branch (2011-2013), and Director of the Pharmaceutical Services Division (2003-2007). Approximately six years were spent in community pharmacy practice prior to her entry into the NL public service.

Ms. Janes holds a Bachelor of Science in Pharmacy, as well as a certificate in Public Administration, both from Memorial University. In 2004, Ms. Janes was awarded the Public Service Award of Excellence by the Government of NL for her work in the area of pharmaceutical services. She is currently nearing completion of a Master of Education (Post-Secondary Studies) at Memorial University.

HELPING PHARMACY TECHNICIANS OPTIMIZE SENSOR BASED GLUCOSE MONITORING

SESSION DESCRIPTION

This program is intended to provide education on sensor based glucose monitoring.

Throughout the presentation, information will be provided to increase knowledge around training patients to use sensor based technology as well as some of the available reports and insights health care providers can gain from this type of monitoring.

There will be patient cases presented throughout to explain concepts in more detail and room for interaction and questions as well.

By the end of the presentation, delegates should feel confident in selecting appropriate patients who would benefit from sensor based technology, training those patients to use sensor based technology and interpreting the data the patient brings into the pharmacy to help the patient optimize their diabetes management.

LEARNING OBJECTIVES

By the end of this session you should be able to:

- Explain the features of sensor based technology and how to identify patients for whom it could be a benefit
- Describe the concepts of time in range and ambulatory glucose profile to support diabetes self-management
- Integrate reports of the isCGM system in the practice



STACEY SMITH

Stacey Smith is a pharmacist, graduating from Dalhousie College of Pharmacy in 2008. In 2010, Stacey became a Certified Diabetes Educator (CDE) and now primarily practices in a clinical setting, teaching patients about diabetes injection technique and helping them titrate insulin and other medications to treat diabetes. In addition to this role, Stacey also works as a Certified Bariatric Educator (CBE), educating patients and clinicians on obesity as a disease state and helping patients to reach their health goals through lifestyle and behavior interventions.

More recently, a new passion has been educating colleagues around updates to diabetes guidelines and practical clinical tips in both diabetes and obesity management.

LEADERSHIP ROLES FOR PHARMACY TECHNICIANS: KEEP CALM AND LEAD ON!

SESSION DESCRIPTION

Join Janie and Aimee as they share their personal experiences as pharmacy leaders and discuss leadership roles for Pharmacy Technicians.

You'll leave this presentation with tips on how to get involved and knowledge on how leading can benefit you both professionally and personally.

There are challenges that come with being a leader, but the benefits will certainly outweigh the challenges.

LEARNING OBJECTIVES

- Identify several types leadership roles for technicians
- Know what to do to get involved and take opportunities
- Be aware of the benefits and challenges of becoming a leader
- Know how a rewarding career can benefit you professionally
- Learn how being a positive influence in the workplace can also benefit you in personal life

JANIE HACHÉ & AIMEE KOHLER

Janie is a Registered Pharmacy Technician and Regional Quality Program Coordinator for Pharmacy Services at Vitalité Health Network in New Brunswick. She began her career in 2008, working in a community pharmacy. In 2015, she jumped on the opportunity to start the process of becoming a Registered Pharmacy Technician. In May 2017, she became one of the first Registered Pharmacy Technicians in Vitalité. In 2018, she accepted the position of Pharmacy Coordinator at the Chaleur Regional Hospital, a position she held for 4 years. In April 2022, she embarked on a new journey as the Regional Quality Program Coordinator for Vitalité.

Aimee is a Pharmacy Coordinator and Acting Compounding Supervisor for Horizon Health in New Brunswick. She started her pharmacy career in 2007 in a community pharmacy in rural New Brunswick and not long later found her pharmacy home at the Saint John Regional Hospital. Since becoming a coordinator, she found a new love for Leading Change and Process Improvement

ALEXANDER KEITH BREWERY

SATURDAY, JUNE 24TH 5:30 PM
1496 LOWER WATER STREET HALIFAX

Join us Saturday night at the “jewel in the crown” of historical Halifax, at the Alexander Keith’s Brewery built in 1820.

Come by for an open house tour & trivia game in the brewery, a complimentary beverage and some pub appetizers. Great music, incredible beers and a real Nova Scotia Good Time – a one-of-a-kind experience unlike any other in the world!

Enjoy the rest of your evening at the amazing local restaurants around the city!

**One ticket included in Full Conference Registration*

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The Evolution of Generics
Le générique évolutif



RIGHT PERSON; RIGHT ROLE; RIGHT PLACE. THE THREE R'S OF PHARMACY LEADERSHIP

SESSION DESCRIPTION

This session will describe the workflow in a technician lead dispensary. It introduces the varying roles and how hiring the right individual for the that role is important for producing results.

The appropriate use of workflow layout, technology and efficiencies to ensure optimal patient care.

Also included will be an open discussion on Mental health, team leadership strategies and ideas for the adaptation to your work place.

LEARNING OBJECTIVES

- Become familiar with the workflow of a technician lead dispensary
- Utilize the skills of the various individuals of a team
- Introduce the various technologies available for use in the pharmacy
- Incorporate mental health and team leadership strategies
- Discuss adaption of various places of practice

SHEENA DEANE

Sheena Deane graduated from St Clair College Pharmacy Assistant Program in 1986. Sheena spent 12 years working in a pharmacy with a methadone program, a third-party insurance company and a hospital pharmacy. Sheena became one of the first registered pharmacy technicians with OCP in December of 2010.

In 2017, she moved to Sauble Beach and joined Kristen's Pharmacy in Southampton, managing the dispensary and practicing to full scope and loving it!

In 2001, Ms. Deane was elected to the Board of Directors of the Canadian Association of Pharmacy Technicians (CAPT) In November of 2022, Sheena was elected President of the Canadian Council on Continuing Education in Pharmacy (CCCEP), the first pharmacy technician in that role. She has held positions on many committees and represented CAPT at different events over the years. Sheena's continued work with CAPT and passion for the profession promotes growth of our role as pharmacy professionals.

PRACTICING WITH PRIDE! ACTIONABLE STRATEGIES FOR PHARMACY TEAM MEMBERS TO IMPROVE SGM / 2SLGBTQAQI+ HEALTH

SESSION DESCRIPTION

Like many minority communities, sexual and gender minority populations (SGM / 2SLGBTQAQI+) face systemic disadvantages in Canada's healthcare system. A growing body of research is identifying significant disparities in health outcomes across a wide-range of healthcare settings.

Researchers at Dalhousie University's College of Pharmacy have conducted recent studies to explore barriers to SGM patient care in community pharmacy, as well as strategies to improve care.

This presentation will highlight the key findings of this research, explore the perspectives and experiences of practicing SGM pharmacy professionals, and discuss practical measures you can take in your pharmacy to support your SGM patients.

LEARNING OBJECTIVES

By the end of this session you should be able to:

- Explain the relationship between minority stress and healthcare avoidance behaviours for SGM patients
- Identify barriers and stressors for SGM patients in community pharmacy
- Implement individual, interpersonal, and system strategies to improve SGM patient care in community pharmacy

DEVIN FARMER & DR. KYLE WILBY

Devin Farmer is a Community Pharmacist practicing in downtown Halifax, Nova Scotia. Since graduating from Dalhousie's Bachelor of Pharmacy program in 2020, he has taken an active role in pharmacy advocacy, serving on the PANS Pharmacy Practice Committee from 2021-2023. Devin has a passion for pharmacy practice evolution targeted towards addressing gaps and inequities in the healthcare system.

Kyle John Wilby is an Associate Professor at the College of Pharmacy, Faculty of Health at Dalhousie University in Halifax, Canada. He has a Bachelor of Science in Pharmacy from the University of Saskatchewan (2008), a post-graduate PharmD from the University of British Columbia (2012), and a PhD in Health Professions Education from Maastricht University (2019). He has spent the last ten years working abroad in Ghana, Qatar, and most recently New Zealand in academic and administrative positions. His research interests include 2SLGBTQAQI+ health and education, systems-based inclusivity, and workforce development.

CAREER SPOTLIGHT

LEARNING OBJECTIVES

- Delegates will learn about unconventional roles available to pharmacy technicians in Canada
- Delegates will learn about the day to day responsibilities involved in these careers.

NATHAN MAPP

Nathan has had an extensive and diverse career in the healthcare industry; he started his career as a Pharmacy Assistant at Shoppers Drug Mart. In 2010, Nathan ventured into the field of customer service as Pharmacy support Customer Service and then a Claims Auditor. He then moved to Express Scripts Canada as an On-Site Auditor.

In 2017, Nathan returned to the pharmacy industry as a Territory Manager/Pharmacy Specialist at Pharmasave Drugs. He was responsible for overseeing pharmacy operations in the assigned territory and providing guidance to pharmacy staff. Later, he worked as a Professional Practice Coordinator at Ontario Pharmacists Association.

Nathan's most recent role is at Shoppers Drug Mart as a Senior Specialist in Pharmacy Operating Standards where he has been leading various projects.

KASEY MAHONEY

Kasey graduated from high school and started working in the front store of a small community pharmacy and was immediately drawn to the business of the dispensary. Within a few months, she became the dispensary cashier and ultimately a Pharmacy assistant. Kasey later enrolled in a Pharmacy Technician course at Oulton College, in New Brunswick.

After graduating in 2018, she returned home to PEI to complete her license requirements at a community pharmacy. She then moved to Health PEI and did everything from standard filling, Sterile Compounding, to being an ER tech and completing BPMHs. During this time, she joined the PEI College of Pharmacy Council.

In July of 2022, Kasey moved to Sobeys/Lawtons and is using her full scope everyday and loving it.

In May, Kasey will be appointed the Pharmacy Technician Representative for the PEI Pharmacy Association.

EXPANDED SCOPE FOR PHARMACY TECHNICIANS:

A KEY ENABLER TO EXPANDING THE ROLE OF PHARMACY AS A COMMUNITY HEALTH HUB

SESSION DESCRIPTION

As the scope of pharmacists continue to expand across the country, in parallel the scope of pharmacy technicians is critical to pharmacy's growing role supporting public health and primary care.

In this session, we will discuss opportunities for pharmacy technicians to expand their scope and role as an integral part of pharmacy teams across the country.

LEARNING OBJECTIVES

By the end of this presentation the learner will be able to:

1. Describe the expanded role of pharmacy technicians during the COVID19 pandemic
2. Identify opportunities for pharmacy technicians to leverage their skills to support pharmacy's role in public health and primary care.
3. Define key areas for further scope expansion, enabling a greater role for the pharmacy technician as an integral part of the pharmacy health hub.

SHELITA DATTANI

Dr. Shelita Dattani is the Vice President of Pharmacy Affairs at the Neighbourhood Pharmacy Association of Canada and in this role she leads a team advocating for pharmacy's evidence based role in delivering accessible, high-quality healthcare and building capacity in public health and primary care.

She completed her Bachelor of Science in Pharmacy at Northeastern University and her Doctor of Pharmacy at the University of North Carolina at Chapel Hill.

Sheli maintains a practice in community pharmacy and primary care team based practice. She is a sought after speaker in diverse areas of therapeutics, practice and policy and is passionate about her continued engagement as an advisor, consultant and educator.

Sheli is fueled by and committed to contributing to pharmacy's growing role as an integral health care partner.



OUR SPONSORS & EXHIBITORS

We greatly appreciate the support of our Sponsors & Exhibitors for their continued partnership with CAPT.

OUR SPONSORS

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The Evolution of Generics
Le générique évolutif

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COSTCO
PHARMACY

OUR MISSION

Advocating & Promoting Our Industry

MISSION

The Canadian Association of Pharmacy Technicians (CAPT) is a national organization advocating and promoting the profession of pharmacy technicians and assistants.

Our goals as an organization are to:

1

Promote and educate the public and other healthcare professionals on the scope of practice of pharmacy technicians and their importance.

2

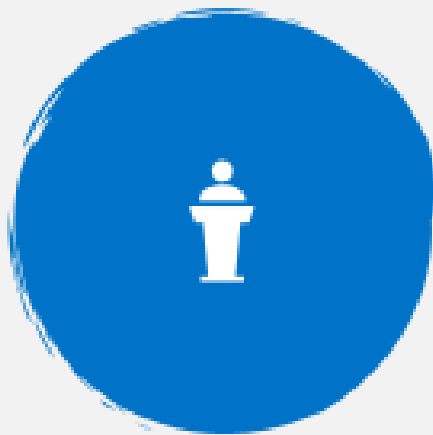
Advocate for the pharmacy profession as a whole.

To be the leading voice in enhancing the profession and empowering pharmacy technicians with the Canadian healthcare landscape by:



NETWORKING

Providing professional development and networking opportunities to our members.



ADVOCATE

Advocate for the pharmacy profession as a whole. Enhancing professionalism through education and collaboration



PROFESSIONALISM

CAPT integrates stakeholders with the utmost respect and integrity for the professionals and our pharmacy technician members.

OUR VISION

Leading In The Pharmacy
Tech Profession

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